

Registration Open for Cantigny 5K Run/Walk on November 3

Race proceeds benefit Midwest Shelter for Homeless Veterans in Wheaton

WHEATON, IL, October 9, 2012 — Cantigny Park invites runners and walkers of all ages to enter the Cantigny 5K Run/Walk on Saturday, November 3, at 9 am. The event is held annually in association with Veterans Day (November 11).

Net proceeds from the race will benefit the [Midwest Shelter for Homeless Veterans](#), a transitional living facility in Wheaton that provides assistance to U.S. veterans in need, including skills for independent living.

Race registration is limited to the first 900 entries. Full registration has been achieved every year since the first Cantigny 5K in 2004.

The event's popularity begins with the scenic course, which highlights key features throughout the 500-acre Cantigny estate. Runners and walkers start and finish at the park's Visitor Center. During the route they pass the First Division Museum, Robert R. McCormick Museum and formal gardens. A portion of the route covers rolling hills on Cantigny's 27-hole golf course. The entire course is on a blacktop surface.

The Cantigny 5K is chip timed. Results will include finish time, pace, overall finish position, age and division place. Entry fee is \$25 and includes a long-sleeve tech running shirt. A Youth Run (1 mile and chip timed) is offered for ages 6 to 10, and a Tot Run (1/4 mile) is open to children ages 1 to 5. Registration for the youth and tot divisions is \$10. Kids also receive a running shirt.

Race registration is available online at signmeup.com/83293. Runners may also download a registration form at Cantigny.org and mail their entry. Postmark deadline for mailed entries is October 12. Registration will be available until the limit is reached or 4 pm on November 1, whichever comes first. There will be no race day registration.

Also on race day, Cantigny Post 556 of the American Legion will host a Pancake Breakfast inside the Cantigny Visitors Center from 7 am to 1 pm. Runners, walkers and spectators are welcome! The cost is \$6 per person or \$2 for ages 4 and under. A prize drawing is included.

Cantigny 5K details are online at Cantigny.org. Questions about the event may be directed to Brian Gray at bgray@cantigny.org or 630.260.8167.

More about the Midwest Shelter for Homeless Veterans is at helpaveteran.org.

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About Cantigny Park

Cantigny Park, part of the nonprofit Chicago-based Robert R. McCormick Foundations, is the 500-acre Wheaton (Illinois) estate of Robert R. McCormick (1880-1955), longtime editor and publisher of the *Chicago Tribune*. It is home to 30 acres of spectacular

gardens, the Robert R. McCormick Museum, the First Division Museum and a 27-hole championship golf course. All are open to the public. Cantigny also is a favorite destination for special events, weddings, concerts, lectures, workshops and other recreation and learning opportunities for all ages. Full-service banquet and dining facilities are on site. More information, including hours, directions and a calendar of upcoming events is online at Cantigny.org. For details about Cantigny Golf, including the Cantigny Golf Academy and 9-hole Cantigny Youth Links, please visit CantignyGolf.com.

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