



News Release
March 4, 2013

Cantigny Golf Academy Offers Spring Workshops

The following classes will take place at the Cantigny Golf Academy in Wheaton (27w270 Mack Road). Additional details are online at CantignyGolf.com.

Tuesday, March 19

Workshop: Fitness Training Essentials for Junior Golfers

Cantigny Golf Academy, 7 to 8:15 pm

Get helpful tips and advice from Dr. Paul Callaway, director of golf fitness. Reserve your spot by calling 630.567.7572 or email Paul@CallawayGolfFitness.com. Cost: \$10 for adults and \$5 for junior golfers under age 18.

Wednesday, March 20

Winter Teaching Series: Best Way to Practice

Cantigny Golf Academy, 6 to 7 pm

Get helpful tips and advice from Greg Baresel, PGA staff professional. Reserve your spot by calling 630.260.8236 or email gbaresel@cantigny.org. Cost: \$10 for adults and \$5 for junior golfers under age 18.

Tuesday, April 9

Workshop: Simple Steps for Greater Distance and Accuracy

Cantigny Golf Academy, 7 to 8:15 pm

Get helpful tips and advice from Dr. Paul Callaway, director of golf fitness. Reserve your spot by calling 630.567.7572 or email Paul@CallawayGolfFitness.com. Cost: \$10 for adults and \$5 for junior golfers under age 18.

Tuesday, April 23

Workshop: How Your Golf Body Controls Your Golf Swing

Cantigny Golf Academy, 7 to 8:15 pm

Get helpful tips and advice from Dr. Paul Callaway, director of golf fitness. Reserve your spot by calling 630.567.7572 or email Paul@CallawayGolfFitness.com. Cost: \$10 for adults and \$5 for junior golfers under age 18.

Tuesday, May 7

Workshop: The Most Important Piece of Golf Equipment – Your Body

Cantigny Golf Academy, 7 to 8:15 pm

Get helpful tips and advice from Dr. Paul Callaway, director of golf fitness. Reserve your spot by calling 630.567.7572 or email Paul@CallawayGolfFitness.com. Cost: \$10 for adults and \$5 for junior golfers under age 18.

Tuesday, May 21

Workshop: Prevention and Management of Golfer's Shoulder

Cantigny Golf Academy, 7 to 8:15 pm

Get helpful tips and advice from Dr. Paul Callaway, director of golf fitness. Reserve your spot by calling 630.567.7572 or email Paul@CallawayGolfFitness.com. Cost: \$10 for adults and \$5 for golfers under age 18.

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About Cantigny Golf

Cantigny Golf, part of the Robert R. McCormick Foundation, opened for play in 1989. That year, *Golf Digest* magazine named it the “Best New Public Course in America.” Cantigny hosted the 2007 U.S. Amateur Public Links Championship and this year will host the 2013 Chicago Open (Oct. 7-9). In 2014, the Illinois State Amateur returns to Cantigny for the fourth time. The 300-acre Cantigny Golf complex includes 27 scenic holes, the year-round Cantigny Golf Academy, the 9-hole Cantigny Youth Links and a full-service clubhouse with dining and banquet facilities. For more information, please visit CantignyGolf.com.

Media Contact:

Jeff Reiter

630.260.8218

jreiter@mccormickfoundation.org