



**News Release**  
**January 30, 2013**

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## **Opportunities to Learn and Improve at Cantigny Golf!**

*The following events and workshops are scheduled for February, March and April at Cantigny Golf and the Cantigny Golf Academy in Wheaton (27w270 Mack Road). Additional details are online at [CantignyGolf.com](http://CantignyGolf.com).*

### **Tuesday, February 5**

#### **Workshop: The Cure for “Golfer’s Elbow”**

**Cantigny Golf Academy, 7 to 8:15 pm**

Get helpful tips and advice from Dr. Paul Callaway, the director of golf fitness. Reserve your spot by calling 630.567.7572. Cost is \$10 for adults and \$5 for junior golfers under age 18.

### **Wednesday, February 13**

#### **Winter Teaching Series: How to Be More Consistent**

**Cantigny Golf Academy, 6 to 7 pm**

Get helpful tips and advice from Greg Baresel, PGA staff professional. Reserve your spot by calling 630.260.8236. Cost is \$10 for adults and \$5 for junior golfers under age 18.

### **Tuesday, February 19**

#### **Workshop: Getting Golf-Fit for Optimal Performance**

**Cantigny Golf Academy, 7 to 8:15 pm**

Get helpful tips and advice from Dr. Paul Callaway, director of golf fitness. Reserve your spot by calling 630.567.7572. Cost is \$10 for adults and \$5 for junior golfers under age 18.

### **Wednesday, February 27**

#### **Winter Teaching Series: Gain More Yards Off the Tee**

**Cantigny Golf Academy, 6 to 7 pm**

Get helpful tips and advice from Greg Baresel, PGA staff professional. Reserve your spot by calling 630.260.8236. Cost is \$10 for adults and \$5 for junior golfers under age 18.

### **Tuesday, March 5**

#### **Workshop: Total Golf Conditioning for Maximum Power and Distance**

**Cantigny Golf Academy, 7 to 8:15 pm**

Get helpful tips and advice from Dr. Paul Callaway, director of golf fitness. Reserve your spot by calling 630.567.7572. Cost is \$10 for adults and \$5 for junior golfers under age 18.

### **Tuesday, March 19**

#### **Workshop: Fitness Training Essentials for Junior Golfers**

**Cantigny Golf Academy, 7 to 8:15 pm**

Get helpful tips and advice from Dr. Paul Callaway, director of golf fitness. Reserve your spot by calling 630.567.7572. Cost is \$10 for adults and \$5 for junior golfers under age 18.

### **Wednesday, March 20**

#### **Winter Teaching Series: Best Ways to Practice**

**Cantigny Golf Academy, 6 to 7 pm**

Get helpful tips and advice from Greg Baresel, PGA staff professional. Reserve your spot by calling 630.260.8236. Cost is \$10 for adults and \$5 for junior golfers under age 18.

**Sunday, March 31**

**Easter Brunch**

**Red Oak Room at Cantigny Golf**

Celebrate the holiday with one of the finest brunches in the western suburbs and in beautiful surroundings. Seatings at 10 am, 12:30 and 3 pm. For pricing and reservations call 630.260.8194.

**Friday, April 5**

**Opening Day at Cantigny Golf!**

(weather permitting)

**Tuesday, April 9**

**Workshop: Simple Steps for Greater Distance and Accuracy**

**Cantigny Golf Academy, 7 to 8:15 pm**

Get helpful tips and advice from Dr. Paul Callaway, director of golf fitness. Reserve your spot by calling 630.567.7572. Cost is \$10 for adults and \$5 for junior golfers under age 18.

**Friday, April 12**

**Koval Whiskey Dinner**

**Red Oak Room at Cantigny Golf, 7 pm**

Enjoy an educational evening of whiskey sampling and delicious food! Koval is Chicago's first craft distillery since Prohibition and produces award-winning, small-batch spirits. Six handmade whiskeys will accompany perfectly paired hors d'oeuvres and a five-course dinner created by Cantigny Executive Chef John Scieszka and his talented culinary team. The price for this special evening is \$68 per person, inclusive of tax and gratuity. Seating is limited and a sold-out event is expected. For reservations call 630.260.8194.

**Saturday, April 13**

**Opening Day at Cantigny Youth Links!**

(weather permitting)

**Saturday, April 13**

**TOUR Academy Junior Golf Camp**

**Cantigny Golf Academy, 10 am to 1 pm**

This is the first of five half-day sessions for golfers ages 7 to 13. Class meets on consecutive Saturdays, concluding on May 11. Camp includes range practice and instruction focusing on stance, swing evaluation, grip and golf fundamentals. A strong emphasis is placed on rules and etiquette to ensure that each golfer learns not just technique but all aspects of the game. Cost is \$325 and includes student materials and sponsor gifts. Further information and registration materials are online at [touracademycamps.com](http://touracademycamps.com) or call 877.611.1911.

**Tuesday, April 23**

**Workshop: How Your Golf Body Controls Your Golf Swing**

**Cantigny Golf Academy, 7 to 8:15 pm**

Get helpful tips and advice from Dr. Paul Callaway, director of golf fitness. Reserve your spot by calling 630.567.7572. Cost is \$10 for adults and \$5 for junior golfers under age 18.

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**About Cantigny Golf**

Cantigny Golf, part of the Robert R. McCormick Foundations, opened for play in 1989. That year, *Golf Digest* magazine named it the "Best New Public Course in America." Cantigny has hosted the Illinois State Amateur three times and also the 2007 U.S. Amateur Public Links Championship. The 300-acre Cantigny Golf complex includes 27 scenic holes, the year-round Cantigny Golf Academy, the 9-hole Cantigny Youth Links and a full-service clubhouse with dining and banquet facilities. For more information, please visit [CantignyGolf.com](http://CantignyGolf.com).

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