

Media Contact:

Jeff Reiter

Cantigny Park

630.260.8218

jreiter@mccormickfoundation.org

REGISTER NOW FOR CANTIGNY 5K

Proceeds from Nov. 3 event benefit Midwest Shelter for Homeless Veterans

Wheaton, Ill., October 15, 2018 — Cantigny Park invites runners and walkers of all ages to enter the 15th Annual Cantigny 5K Run/Walk on Saturday, November 3.

The race begins at 9 am with net proceeds benefitting the [Midwest Shelter for Homeless Veterans](#), a Wheaton nonprofit providing veterans and their families with housing and supportive services that lead to self-sufficiency. The 2017 Cantigny 5K raised \$13,500 for the shelter.

Race registration, limited to 1,200 runners, is available online at signmeup.com/125434. Cost is \$20 for the main race; \$8 for the Youth Run (1 mile, ages 6-10); and \$5 for the Tot Run (1/4 mile, ages 1-5). Race shirts are available for \$10. Registration is open until the participation limit is reached or 4 pm on November 1, whichever comes first. There is no race day registration.

On race day, Cantigny Post 556 of the American Legion will host a fundraising Pancake Breakfast inside the Cantigny Visitors Center from 7 am to 1 pm. Runners, walkers and spectators are invited to enjoy a delicious meal for a good cause. The cost is \$8 per person and free for ages 4 and under. Parking is free.

Cantigny 5K details are online at signmeup.com/125434. Questions may be directed to Race Director Brian Gray at bgray@cantigny.org or 630.260.8167.

For more information about the Midwest Shelter for Homeless Veterans, please visit helpaveteran.org.

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About Cantigny Park

Cantigny Park, part of the Chicago-based Robert R. McCormick Foundations, is the 500-acre Wheaton (Illinois) estate of Robert R. McCormick (1880-1955), longtime editor and publisher of the *Chicago Tribune*. It is home to 30 acres of spectacular gardens, the Robert R. McCormick House, the newly renovated First Division Museum and a 27-hole championship golf course. All are open to the public. Cantigny also is a favorite destination for special events, weddings, concerts, lectures, workshops and other recreation and learning opportunities for all ages. Full-service banquet and dining facilities are on site. More information, including hours, directions and a calendar of upcoming events is online at Cantigny.org. For details about Cantigny Golf, including the Cantigny Golf Academy and 9-hole Cantigny Youth Links, please visit CantignyGolf.com.